



## The Woodside Medical Centre

247j Wood Street Langley Middleton Manchester M24 5QL

Telephone 0161 643 9244 Prescription Line 0161 643 9341

Repeat Prescription: Email Address: [hmrccgwoodsideonline@nhs.net](mailto:hmrccgwoodsideonline@nhs.net) Fax Number 0161 653 6530

Practice Web site [www.woodsidemedicalcentre.co.uk](http://www.woodsidemedicalcentre.co.uk)

### Practice Opening Hours

Monday- Friday

8am-6.30pm

Please be aware that the practice will close the **second Thursday** in the month for Training from 1pm.

### Easter opening/closing

Friday 30.03.2018 Closed

Monday 02.04.2018

Closed

For medical attention during these times please contact 111

*I am sure that you will all like to send best wishes to Dr Maynard who has now officially retired from the practice after 31 years of service.*

Dr Gummadi has been with the practice since September 2017 in preparation for Dr Maynard's retirement.

In addition to this Dr Nowrin will be working at the practice on a long term locum basis until towards the end of the year.

*Lisa Jackson's new role as Advanced Practitioner has been greatly accepted by our patients. Lisa and her new role is a great asset to the practice. Lisa will see patients with healthcare needs and continues to manage chronic Diseases*

### HOW can you help to ease the Telephone Traffic?

#### Need to ORDER YOUR REPEAT PRESCRIPTION?

**Please consider other option other than ringing the main telephone number**

By Post

By Fax on 0161 653 6430

By Dedicated prescription Line 0161 643 9431 with an answer phone facility open 24 hours per day, seven days per week.

You must allow 2 working days for your prescription to be processed

On Line- you must speak to the practice first to set this up for you. We will require ID before we can process this

Pop your request in the repeat prescription box in the waiting area

Choose the prescription option from the welcome message on the telephone system



### Patient Participation Group

Are you interested in finding out more about The Woodside Medical Centre Patient Participation Group?

Would you like to influence the development of local health services?

No firm commitment is necessary at this stage. Anyone interested should leave their details at reception. If you think you would like to be part of the Patient Participation Group, however due to other commitments would find it difficult to attend. You could become a "virtual" member of this group. We would communicate with you via email.



**The Woodside Medical Centre**

## **Minor Eye Conditions (MECs)**

### **Providers**

This is the link to the dedicated web site for the HMR MECs service

<http://hmrmeccs.co.uk/Information.html>

More detailed information is available about the service and **the conditions covered. The MECs service covers:**

**Red eye or eyelids**

**Dry eye gritty and**

**uncomfortable eyes**

**Irritation and inflammation of the eye**

**Significant recent sticky discharge from the eye or watery eye**

**Recently occurring flashes and floaters**

**Painful eye**

**In growing eyelashes**

**Recent and sudden loss of vision**

**Foreign body in the eye**

**Booking an appointment**

Patients contact one of the optometrists on the list below. Depending on symptoms, patients will be seen within 24 hours or 5 working days.)

**Boots Opticians (Middleton)**

0161 655 3021

**Specsavers Opticians (Middleton)**

0161 654 0440

**D.Igoe Opticians (Middleton)**

0161 653 0771

*If you become unwell or are injured make sure you choose the right NHS service.*



**A&E or 999**

**NHS Urgent Care Centre,  
NHS Walk-in Centre or NHS  
Minor Injuries and Illness Unit**

**GP**

**Pharmacist**

**NHS 111**

**Self-care**

**Your pharmacy may be able to help with:**

mild skin conditions, such as acne, eczema, psoriasis, impetigo, athlete's foot  
coughs and colds, including blocked nose (nasal congestion), and sore throats  
bruises, sunburn, and minor burns and scalds  
constipation and piles (haemorrhoids)  
hay fever, dry eyes and allergies (including rashes, bites and stings)  
aches and pains, including earache, headache, migraine, back pain and toothache  
vomiting, heartburn, indigestion, diarrhoea and threadworms  
period pain, thrush and cystitis  
head lice (nits)  
conjunctivitis, cold sores and mouth ulcers  
warts and verrucas  
nappy rash and teething  
Visiting your pharmacy about common health problems frees up time for GPs and A&E departments, which are already stretched, especially during the winter months.



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# NHS breast screening (BSP) programme

## **Who we screen and when**

The Bolton, Bury and Rochdale Breast Screening Programme covers a population of approximately 103,000 women aged between 47 – 73 and invites over 34,000 women per year for screening.

For the last three years, we have been taking part in the national initiative to provide breast screening to women 47-50 and 70-73 so that a proportion of ladies in these age groups will be called for screening.

Screening is organised according to your GP practice. Once every three years your GP practice will be contacted and all women between the ages of 50 and 70 will be routinely invited.

## **Women aged 50 – 70**

Every woman registered with a GP will receive an invitation to attend for a mammogram at her local breast screening unit sometime between her 50<sup>th</sup> and 53<sup>rd</sup> birthday. She will then be invited every three years until her 70<sup>th</sup> birthday.

Not every woman will receive an appointment as soon as she is 50. You will receive your first appointment before your 53<sup>rd</sup> birthday and therefore there is no need to contact us for an appointment.

If it has been over three years since your last breast screening appointment then please [contact us](#).

## **Women over 70**

Women over 70 can self-refer for routine screening by [contacting the Breast Screening Unit](#) for an appointment.

**If you have any breast symptoms** (such as a lump or nipple discharge) it is important that you see your GP without delay, even if you are due to have a screening mammogram shortly. Please note that for 47-70 year olds screening is strictly by invitation only.

**In 2018's screening 353 patients failed attend  
screening out of 998 eligible (1 out of 3 people)**