

247j Wood Street Langley Middleton Manchester M24 5QL Telephone 0161 643 9244 Prescription Line 0161 643 9341

Repeat Prescription: Email Address: hmrccgwoodsideonline@nhs.net Fax Number 0161 653 6530 Practice Web site www.woodsidemedicalcentre.co.uk

Practice Opening Hours Monday- Friday 8am-6.30pm Please be aware that the practice will

Please be aware that the practice will close the **second Thursday** in the month for Training from 1pm.

Easter opening/closing
Friday 30.03.2018 Closed
Monday 02.04.2018
Closed
For medical attention during theses times please
contact 111

I am sure that you will all like tam sure that you will all like to Dr to send best wishes to Dr to send best who has now Maynard who has from the officially retired from the practice after 31 years of service.

Dr Gummadi has been with the practice Since September 2017 in preparation for Dr Maynard's retirement. In addition to this Dr Nowrin will be working at the practice on a long term locum basis until towards the end of the year.

Lisa Jackson's new role as Advanced Practitioner has been greatly accepted by our patients. Lisa and her new role is a great asset to the practice. Lisa will see patients with healthcare needs and continues to manage chronic Diseases

HOW can you help to ease the Telephone Traffic?

Need to ORDER YOUR REPEAT PRESCRIPTION?
Please consider other option other than
ringing the main telephone number

By Post

By Fax on 0161 653 6430

By Dedicated prescription Line 0161 643 9431 with an answer phone facility open 24 hours per day, seven days per week.

You must allow 2 working days for your prescription to be processed

On Line- you must speak to the practice first to set this up for you. We will require ID before we can process this

Pop your request in the repeat prescription box in the waiting area

Choose the prescription option from the welcome message on the telephone system



Are you interested in finding out more about The Woodside Medical Centre Patient Participation Group?

Would you like to influence the development of local health services?

No firm commitment is necessary at this stage. Anyone interested should leave their details at reception. If you think you would like to be part of the Patient Participation Group, however due to other commitments would find it difficult to attend. You could become a "virtual" member of this group. We would communicate with you via email.



Minor Eye Conditions (MECs) Providers

This is the link to the dedicated web site for the HMR MECs service

http://hmrmecs.co.uk/Information.html
More detailed information is
available about the service and
the conditions covered. The

MECs service covers:

Red eye or eyelids Dry eye gritty and uncomfortable eyes

Irritation and inflammation of

the eye

Significant recent sticky discharge from the eye or

watery eye

Recently occurring flashes and

floaters

Painful eye

In growing eyelashes
Recent and sudden loss of

vision

Foreign body in the eye Booking an appointment

Patients contact one of the optometrists on the list below. Depending on symptoms, patients will be seen within 24 hours or 5 working days.)

Boots Opticians (Middleton)

0161 655 3021

Specsavers Opticians (Middleton)

0161 654 0440

D.Igoe Opticians (Middleton)

0161 653 0771

If you become unwell or are injured make sure you choose the right NHS service.

NHS Urgent Care Centre, NHS Walk-in Centre or NHS Minor Injuries and Illness Unit

GP

Pharmacist

NHS 111

Self-care

Your pharmacy may be able to help with:

mild skin conditions, such as acne, eczema, psoriasis, impetigo, athlete's foot coughs and colds, including blocked nose (nasal congestion), and sore throats

bruises, sunburn, and minor burns and scalds

constipation and piles (haemorrhoids)

hay fever, dry eyes and allergies (including rashes, bites and stings) aches and pains, including earache, headache, migraine, back pain and toothache

vomiting, heartburn, indigestion, diarrhoea and threadworms period pain, thrush and cystitis head lice (nits)

conjunctivitis, cold sores and mouth ulcers

warts and verrucas
nappy rash and teething
Visiting your pharmacy about
common health problems frees up
time for GPs and A&E departments,
which are already stretched,
especially during the winter months.



NHS breast screening (BSP) programme

Who we screen and when

The Bolton, Bury and Rochdale Breast Screening Programme covers a population of approximately 103,000 women aged between 47 – 73 and invites over 34,000 women per year for screening.

For the last three years, we have been taking part in the national initiative to provide breast screening to women 47-50 and 70-73 so that a proportion of ladies in these age groups will be called for screening.

Screening is organised according to your GP practice. Once every three years your GP practice will be contacted and all women between the ages of 50 and 70 will be routinely invited.

Women aged 50 - 70

Every woman registered with a GP will receive an invitation to attend for a mammogram at her local breast screening unit sometime between her 50th and 53rd birthday. She will then be invited every three years until her 70th birthday.

Not every woman will receive an appointment as soon as she is 50. You will receive your first appointment before your 53rd birthday and therefore there is no need to contact us for an appointment.

If it has been over three years since your last breast screening appointment then please contact us.

Women over 70

Women over 70 can self-refer for routine screening by <u>contacting the Breast Screening Unit</u> for an appointment.

If you have any breast symptoms (such as a lump or nipple discharge) it is important that you see your GP without delay, even if you are due to have a screening mammogram shortly. Please note that for 47-70 year olds screening is strictly by invitation only.

In 2018's screening 353 patients failed attend screening out of 998 eligible (1 out of 3 people)